Orthodox monasticism in its most living and purest form and at the same time improve the author's knowledge and understanding of the traditional liturgic arts of Orthodoxy by getting to meet these arts first hand through direct contact with Byzantine architecture, art, and music.

Some of the questions that Dr. Cavarnos asked himself are as follows: "What precisely are the aims of Athonite monasticism, and what are the means that are employed by the monks for achieving them? What is the relationship of these ends and means to the teaching of Christ, St. Paul, and the Eastern Christian Church Fathers? How are the monasteries and smaller monastic establishments on the Holy Mountain organized? What is the nature and extent of private prayer and common worship? What besides these, constitutes the monks' daily round of activities? Is the ancient tradition of Eastern Orthodox mysticism known as hesychasm still alive on Athos? What books do the monks especially study and recommend? What are their views on monasticism, contemporary mankind, philosophy, solitude, hardship, fasting, prayer, etc? What is the exact nature of the architecture, painting, and music on Athos, and what part do these play in the life of the monk"?

These are a few of the questions that Dr. Cavarnos enumerates in his Preface, questions to which he sought vivid and authoritative answers through personal contact with monastic life and with the Athonite monks themselves.

Anchored in God is profusely illustrated by leading artists of Greece such as Fotis Kontoglou and Rallis Kopsidis, and every effort has been made to present Athonite monasticism in as vivid and lucid a manner as is humanly possible. The intimate form of the personal diary in which the book is written makes this book eminently readable by all persons, no matter what their previous preparation or background.

The some twenty monasteries of Mount Athos are described intimately but non-technically in thirty-five fascinating chapters which take the reader on a vicarious trip to the greatest center of Eastern Orthodox monasticism. A useful glossary and an index are included at the end of this book.

Anchored in God fulfills its purpose admirably and could well serve as an excellent guide to Mount Athos since each chapter could easily read as a separate, independent unit. Renewed interest in Mount Athos will certainly stimulate readers to peruse Dr. Cavarnos's contribution with interest and pleasure.

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The University of Cincinnati Library is, among other things, distinguished for its collection of modern Greek materials. These library materials currently number some 12,000 volumes and are housed in a separate section of the University's Library. Begun over a generation ago to meet the needs of students at the University of Cincinnati who were doing advanced work in Greek subjects (originally archaeology and classical literature), the Cincinnati collection now comprises scholarly books currently published in Greece in practically all scholarly disciplines except law, medicine, and agriculture and has served as an important center for the student of modern Greek. The catalogue that we now have in printed form of this collection becomes a very useful and highly important tool for bringing together in a fairly systematic way a listing of the materials available for study and loan at the University of Cincinnati. It would perhaps not be too extravagant a statement to make that the University of Cincinnati now has the best current catalogued collection of modern Greek scholarly works in the United States, though many scholars will undoubtedly find notable omissions or gaps in the collection (e.g., George T. Zoras's extensive work on modern Greek literature in Greek is nowhere listed in the Cincinnati catalogue).

To be strictly accurate and fair, however, it should be noted that the Catalogue under review represents the holdings of the Cincinnati Library as of 1952 for monographs and as of January 1954 for periodicals. Consequently, something like only 7,000 titles are actually recorded in the listing which grows by leaps and bounds daily. The Catalogue is obviously predominantly Greek and so is rendered in the Greek alphabetical order. The Cincinnati library cards have been kept in the original Greek language rather than transliterated. Periodical titles and monographic series are recorded by series titles rather than by individual volume. Cross references have been extensively utilized.

All in all, The Modern Greek Collection in the Library of the University of Cincinnati is a significant catalogue for research and study in modern Greek. The generous support of the Charles Phelps Taft Memorial Fund of the University of Cincinnati has rendered great help to the study of modern Greek in the United States by making the publication of a catalogue of Cincinnati's modern Greek holdings possible. Let us hope that it will also be possible to see a revised and enlarged up-to-date edition of the Catalogue published soon with more editions issued from time to time.

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Here is an important book for both historians and philologists,